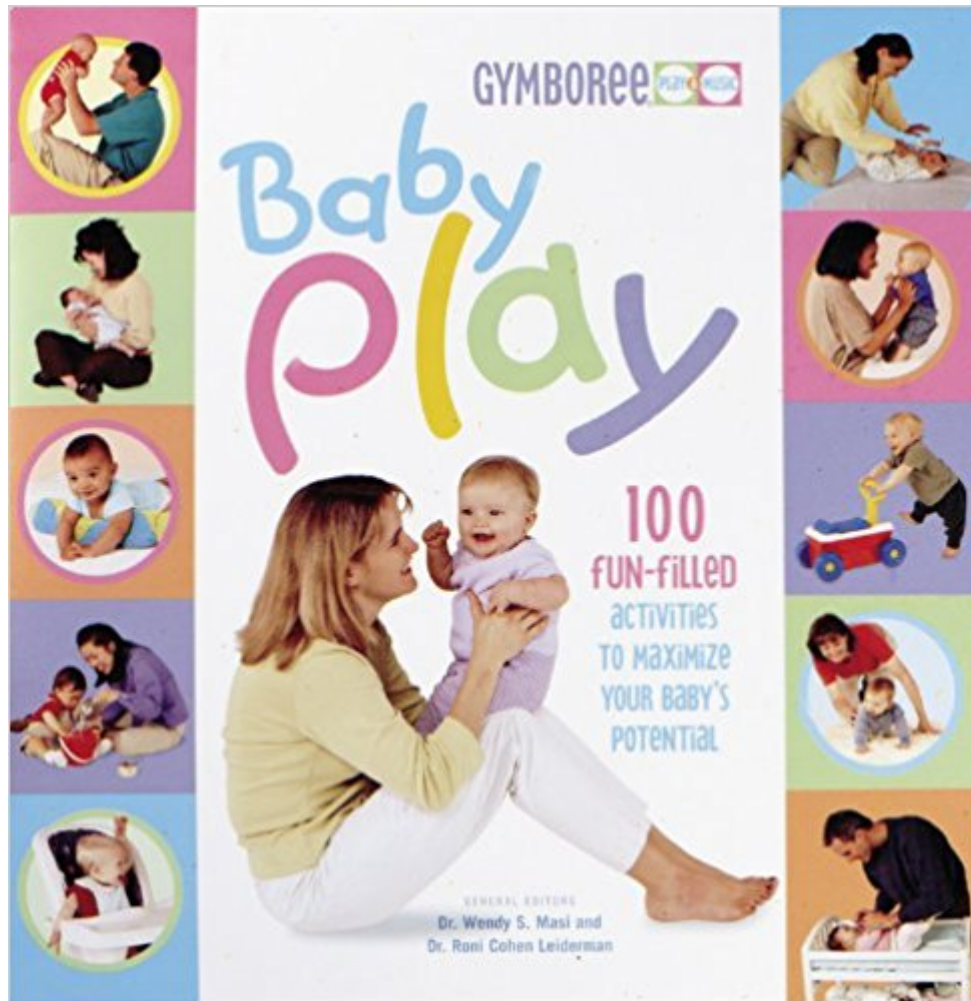




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# Baby Play (Gymboree)



## Synopsis

All new parents are eager to help their baby discover the world around them, and BABY PLAY was designed to help parents engage their infant in activities that will encourage developmental skills. From the first month home through the twelfth, BABY PLAY offers doctor-approved, age-appropriate activities that stimulate discovery, begin communication, and nurture parental bonding. Developed in close consultation with the play experts at Gymboree Play & Music, the book contains an introduction that explains the value of "play with a purpose," information on how babies learn, and tips outlining what a parent can do to help their little one get off to a good start. The book also includes a glossary of key terms in child development, beneficial to any new parent, as well as detailed information on how parents can identify development skills as they emerge in their baby. From stretching exercises to puppet games, BABY PLAY encourages learning during that first critical year of life. Look at what this book offers: Includes over 100 activities for babies 0-12 months. Organized by appropriateness for each month of life. Includes wide variety of play activities, from ball rolling to imitative play. Developed in consultation with the play experts at Gymboree. Contains a useful glossary of key terms in child development.

## Book Information

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Average Customer Review: 4.4 out of 5 stars 167 customer reviews

Best Sellers Rank: #40,065 in Books (See Top 100 in Books) #48 in [Books > Parenting & Relationships > Family Activities](#) #186 in [Books > Parenting & Relationships > Parenting > Early Childhood](#)

## Customer Reviews

About Gymboree. With over 400 Gymboree Play & Music centers in 14 different countries, Gymboree is considered a global leader in parent/child play programs and is linked to quality, education and fun! All Gymboree activities are structured around established early childhood

education principles and are administered by trained teachers.

Dr. Wendy S. Masi is a developmental psychologist specializing in early childhood. She has designed and implemented programs for preschools, families with young children, and early childhood professionals for more than 20 years. Dr. Masi is the dean of the Family Center at Nova Southeastern University in Florida. She is the mother of four children. Roni Cohen Leiderman, Ph.D. is a developmental psychologist specializing in emotional development, positive discipline, and play. She has worked with young children for more than 25 years. She is the Dean of the Mailman Segal Center for Human Development at Nova Southeastern University in Florida.

This is a very creative and thorough book that goes through practical play ideas for the different developmental stages of your child. Songs with lyrics to sing are also included. The best part is most of these play ideas don't involve anything you need to buy. Overall a very practical and fun book to use.

I think this is a great baby shower gift. It has activities for newborns, 3 months, 6 mo, 9mo. Some require equipment that I don't have (i.e. a top) but they are nevertheless fun and easy to follow. Each activity only takes about 5 minutes, but when combined, you can entertain your kid for a while. I think all moms go through days when they lack creativity because they lack sleep, so this is great to fill in the gaps!

This book came recommended by another first time mom. I am so glad I purchased it! It's been a great tool to have and allows me feel more confident as a parent. There are a variety of games to choose from, categorized by recommended age, allowing your little one to stay entertained and engaged. It's nice to learn how your child benefits from each game/activity too. This has become my go to gift for any other first time moms.

A must have for any parent. The activities are easy to follow through.

This is a great book for parents who are looking to provide a diverse array of fun activities that also help child development in many areas. Yes, many of the games are simple and perhaps things that you naturally do with your baby, but the fact that there is a book that you can easily open to provide an idea for play is very helpful. PROS: - Very nicely laid out graphical design format with quality

pages and binding. Built to last. - Organized by age (months) with color index on the pages that make it easy to flip to the relevant section - Explains how to perform the play activity - Explains what the activity is meant to develop in the child - Ideas do not require expensive toys or equipment (in fact, the book seems to shun these things) - Great list of fun songs to sing - Awesome for times when you want to do something that maybe you haven't done in a while - You can read the entire book in an hour and develop a list of things you want to do and what you need to buy (e.g. bubbles) or find around your house (e.g. a silk scarf, a paper towel tube, put rice in a baby bottle) - Puts you in the mindset that everything can be a fun game while also developing your child

CONS: - There's nothing ground breaking - just simple ideas that you could figure out on your own if you have the time to sit around and think about it.

As a new mom, one of the things I was concerned with was making sure I helped my daughter develop to the best of my ability. When we came home from the hospital, I talked to her, sang to her, etc. but was at a loss for what types of activities I could do with her when she was only a few weeks old. I ordered this book and was able to get some great ideas for things to do with her. One of the best activities that I never would have thought to do was tummy time on a small beach ball that was semi deflated. She hated tummy time on the floor but tolerated this better. I was able to get her the tummy time she needed to better develop her muscles without her hating it. Win/Win!!

As a new Mom, I was a bit at a loss on how to "play" with my newborn. I knew it was important to stimulate his different senses and engage him in play- but it's hard to think of creative things to do with an infant who can't do much on his own yet. This book was helpful in those first few months to help me think of different fun activities to engage in with my baby. Even though many of the ideas are obvious (like peek-a-boo)- it's still helpful to be reminded which games are good to play at certain ages. My baby is 9 months old now- and I haven't looked the book for several months- but it was great in those beginning months. I also asked my nanny to read it and to try out the activities with my baby. The big colorful pictures were nice too. I bought the book used for a few dollars, so it was definitely worth the \$.

At first things are so hectic that this is a great starter book, quick things one can do without having to read too much -- lots of pictures. Things are very simple, but valuable for development. Then once things are just a little better timewise I suggest an infant/child care and development curriculum which gives more comprehensive coverage of things to do. I got books by William Fowler, which are no

longer published (Curriculum and assessment guides for infant and child care – in particular when price was reasonable). Best would be to do a comprehensive reading on infant care curriculum before or during pregnancy if you are able.

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